

IS YOUR HEALTH AS IMPORTANT AS YOUR HAIR

If so:

When was your last
mammogram and
pap smear?



It's time **Do it today!**

for more information:

Call 716-6401





Our Ancestors
Believed in
Good Health
and a Strong Spirit

Continue the Tradition

Get Your Mammogram
and
Your Pap Smear



The FoCaS Staff wishes you a
Healthy Black History Month